



My Dear Parishioners,

As many people put away their green “vestments” ***last week*** after the SuperBowl, the Church does so ***this week***, as She enters the Season of Lent ... a 40 Day Season that prepares us for the great Victory of Jesus Christ. That Victory is certain for it has already been accomplished in Jesus. Lent is the special time for His Victory to be furthered in us, His Church ... through a deepening of Faith, Hope and Love.

The traditional practices which enable this deepening are Prayer, Fasting and Almsgiving. Prayer involves our time; Fasting, our sacrifice; Almsgiving, our generosity. All three disciplines have power to grow us out of ourselves and into Him. Many are the ways in which these practices can be expressed. But consider various ways and commit to beginning and living your Lent well.

- **Prayer:** Consider attending Daily Mass; Stations of the Cross on Fridays; Our Parish Mission; A time of Adoration on Mondays; Zoom Rosary on Sundays; Sign-up for one of the many on-line daily Lenten Reflections each day (Matthew Kelly, Bishop Barron, Hallow, USCCB).
- **Fasting:** Consider limiting your use of technology, sweets, food between meals, needless noise.
- **Almsgiving:** Practice Corporal Works of Mercy: Visit the sick/lonely; write a note to a friend/family member; Try tithing, give a percentage of your income to the poor. I recommend The Catholic Charities Appeal.

Finally, I encourage you to make a good Confession this Lent. Those who frequent the Sacrament regularly may notice a change. In 2021, the Bishops of the United States agreed to amend the translation of the prayer of absolution. The prayer will now sound as follows:

*“God, the Father of mercies,
through the death and resurrection of his Son
has reconciled the world to himself
and **poured out** the Holy Spirit for the forgiveness of sins;
through the ministry of the Church
may God **grant** you pardon and peace.
And I absolve you from your sins
in the Name of the Father, and of the Son, and of the Holy Spirit.”*

Be assured of my prayers for you this Lent and keep me in your prayers. Together, may we celebrate and enjoy Jesus’ Great Victory of Love.

Peace, Fr. Rogers

236





St. Patrick Parish Rosary
Sundays at 7:00 PM via Zoom

To join us online visit www.zoom.us. Select JOIN and enter Webinar ID: 878 5447 9881 / Passcode: stpatsksq

Please visit the parish website for additional login details and to submit your prayer requests.