



My Dear Parishioners,

Praised be Jesus Christ! A Happy Valentine's Day Weekend to all our parishioners especially those who have embraced the Vocation of Marriage! Thank you for your "YES" to one another and living your vows of Faithful, Forever and Fruitful love – day-by-day with the Lord.

As we begin the Season of Lent this week, I call your attention to the flyer in today's bulletin which lists some of our Lenten Opportunities this year, many of which will be LIVESTREAMED. Please note the following:

1) Ashes will be distributed only at Mass and will be administered via a Q-Tip so as to avoid excessive contact with people's heads. It is not required that you receive ash on this day, but fasting, abstinence and charity are required. Please see note below.

2) **On Friday, March 5, Mark Forrest** will make a return to our parish for a **Eucharistic Evening of Prayer**. Please mark your calendar for this special time of healing, grace and peace.

3) **40 Hours will be held March 14, 15 and 16**. We welcome to our parish acclaimed artist Katelyn Caputo. She will lead us in two reflections: **Encountering the Divine and St. Joseph**. Katelyn's art will be on displayed and some will be available for purchase. Please mark your calendar for this very special time. For more information on Katelyn please see [visualgrace.org](http://visualgrace.org)

Finally, I acknowledge the delay of the Church envelopes in the mail. They are victim of the delays at the Post Office. For contributions, please write your name on an envelope and we will credit your donation.

Peace,

Fr. Rogers

### **FAST AND ABSTINENCE AND OTHER ACTS OF PENANCE FOR LENT 2021**

The Bishops of the United States prescribe, as minimal obligation, that all persons who are fourteen years of age and older are bound to abstain from eating meat on all the Fridays of Lent and Good Friday. Further, all persons eighteen years of age and older, up to and including their fifty-ninth birthday, are bound to fast by limiting themselves to a single full meal on Good Friday, while the other two meals on that day are to be light. All the faithful are encouraged, when possible, to participate at Mass and to receive the Holy Eucharist daily, to celebrate frequently the Sacrament of Penance, to undertake spiritual reading, especially the study of the Sacred Scriptures, and to participate in parish Lenten devotions as well as Lenten education programs. Adoration of the Blessed Sacrament is especially recommended.

	Ash Wednesday
	February 17, 2021
	Mass Schedule
	7:30AM
	12:00PM
	7:00PM
	236

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Anonymous